STROUM JEWISH COMMUNITY CENTER

Pool Schedule January 1 - June 21 2019

SUNDAY

Lap Lanes: 1 | 2 | 3 | 4

- 8am–9am: Lap Swim 8-10am (Lanes 1–3); Group Swim Lessons 8-10am (Lane 4)
- 10am–12pm: Group Swim Lessons 10:00am-12noon, No Lap or Open Swim
- 12pm–1pm: Lap Swim 12noon -1pm (Lanes 1–2); Open Swim 12noon-5pm (Lane 4)
- 1pm–5pm: Community Partner 1-5pm (Lane 1); Lap Swim 12noon-5pm (Lanes 2–3); Open Swim 12noon-5pm (Lane 4)
- 5pm–6pm: Lap Swim 5-6:45pm

MONDAY

Lap Lanes: 1 | 2 | 3 | 4

- 5am–6am: Lap Swim 5-6am
- 6am–7am: Masters 6-7am (Lanes 1–3); Lap Swim 6-7am (Lane 4)
- 7am–9am: Lap Swim 7:30-9am
- 9am–10am: Aquatic Sport 9-10am
- 10am–11am: Lap Swim 10-11:30am
- 11am–12pm: Senior Splash 11:30am-12:30pm
- 12pm–1pm: Lap Swim 12:30-1:45pm
- 1pm–2pm: FA/PE Class 1:45-3:30pm (Lanes 1–3); Group Swim Lessons 1:45-2:15pm (Lane 4)
- 2pm–3pm: Lap Swim 2:15-4pm (Lane 4)
- 3pm–4pm: FASP-Group Swim Lessons 3:30-4pm (Lanes 1–3)
- 4pm–5pm: Group Swim Lessons 4-6pm, No Lap or Open Swim
- 6pm–7pm: Community Partner 6-9pm (Lanes 1–3); Lap Swim All 4 Lanes 9-9:45pm (Lane 4)

TUESDAY

Lap Lanes: 1 | 2 | 3 | 4

- 5am–6am: Lap Swim 5-6am
- 6am–9am: Lap Swim 5-10am
- 9am–10am: Aquatic Sport 9-10am
- 10am–11am: ECS 10:30-11:30AM 2FT SECTION (Lanes 1–2); Lap Swim all 4 lanes 10-11:30am (Lanes 3–4)
- 11am–12pm: Lap Swim 11:30-12:45pm
- 12pm–1pm: Lap Swim 12:45-1:45pm (Lanes 1–3); Group Swim Lessons 12:45-1:15pm (Lane 4)
- 1pm–2pm: FA/PE Class 1:45-2:45pm
- 2pm–3pm: Lap/Open Swim 2:45-3:30pm
- 3pm–4pm: FASP-Group Swim Lessons 3:30-4pm (Lanes 1–3); Lap Swim 3:30-4pm (Lane 4)
- 4pm–5pm: Group Swim Lessons 4-6pm, No Lap or Open Swim
- 6pm–7pm: Lap/Open Swim 6-6:30pm
- 6:30pm–9pm: Community Partner 6:30-9pm (Lanes 1–3); Lap Swim All 4 Lanes 9-9:45pm (Lane 4)

WEDNESDAY

Lap Lanes: 1 | 2 | 3 | 4

- 5am–6am: Lap Swim 5-6am
- 6am–7am: Masters 6-7am (Lanes 1–3); Lap Swim 6-7am (Lane 4)
- 7am–9am: Lap Swim 7:30-9am
- 9am–10am: Aquatic Sport 9-10am
- 10am–11am: ECS 10:30-11:30AM 2FT SECTION (Lanes 1–2); Lap Swim all 4 lanes 10-11:30am (Lanes 3–4)
- 11am–1:45pm: Lap Swim 11:30am-1:45pm (Lanes 1–3); Open Swim 11:30am-1:45pm (Lane 4)
- 1:45pm–2:15pm: Lap Swim 1:45-2:15pm (Lanes 1–3); Group Swim Lessons 1:45-2:15pm (Lane 4)
- 2:15pm–3:30pm: Lap/Open Swim 2:15-3:30pm
- 3:30pm–4pm: FASP-Group Swim Lessons 3:30-4pm (Lanes 1–3); Lap Swim 3:30-4pm (Lane 4)
- 4pm–5pm: Group Swim Lessons 4-6pm, No Lap or Open Swim
- 6pm–7pm: Community Partner 6-9pm (Lanes 1–3); Lap Swim All 4 Lanes 9-9:45pm (Lane 4)

THURSDAY

Lap Lanes: 1 | 2 | 3 | 4

- 5am–9am: Lap Swim 5-10:30am
- 9am–10am: Senior Splash 11:30am-12:30pm
- 10am–11am: ECS 10:30-11:30AM 2FT SECTION (Lanes 1–2); Lap Swim all 4 lanes 10-11:30am (Lanes 3–4)
- 11am–12pm: Lap Swim 12:30-12:45pm
- 12pm–1pm: Lap Swim 12:45-1:45pm (Lanes 1–3); Group Swim Lessons 12:45-1:15pm (Lane 4)
- 1pm–2pm: FA/PE Class 1:45-2:45pm
- 2pm–3pm: Lap Swim 2:45-3:30pm
- 3pm–4pm: Private Swim Lessons 3:30-4pm (Lanes 1–3)
- 4pm–5pm: Group Swim Lessons 4-6pm, No Lap or Open Swim
- 6pm–7pm: Lap/Open Swim 6-6:30pm
- 6:30pm–9pm: Community Partner 6:30-9pm (Lanes 1–3); Lap Swim All 4 Lanes 9-9:45pm (Lane 4)

FRIDAY

Lap Lanes: 1 | 2 | 3 | 4

- 5am–6am: Lap Swim 5-6am
- 6am–7am: Masters 6-7am (Lanes 1–3)
- 7am–9am: Lap Swim 7-9am (Lanes 1–3); Lap Swim 6-9:30am (Lane 4)
- 9am–10am: Masters Swim 9-10am (Lanes 1–3)
- 10am–11am: Lap Swim 10:15-11:30 am (Lanes 1–2); *Advanced Aqua Sport 10:15-11:15 am (Lanes 3–4)
- 11am–1:45pm: Lap Swim 11:30am-1:45pm (Lanes 1–2); Open Swim 11:30-12:15pm (Lanes 3–4)
- 12:15pm–1:15pm: Group Swim Lessons 12:45-1:15pm (Lanes 3–4)
- 1pm–2:45pm: FA/PE Class 1:45-2:45pm
- 2:45pm–4:30pm: Lap Swim 2:45-4:30pm (Lanes 1–2); Open Swim 2:45-4:30pm (Lanes 3–4)
- 4:30pm–6:45pm: Community Partner 4:30-6:45pm (Lanes 1–3); Private Lessons 4:30-6pm (Lane 4); Lap Swim 6-6:45pm (Lane 4)

SATURDAY

Lap Lanes: 1 | 2 | 3 | 4

- 8am–9am: Lap Swim 8-10am (Lanes 1–3); Group Swim Lessons 8-10am (Lane 4)
- 10am–12pm: Group Swim Lessons 10:00am-12noon, No Lap or Open Swim
- 10am–5pm: Community Partner 10am-5pm (Lane 1); Lap Swim 12noon-5pm (Lane 2); Open Swim 12noon-5pm (Lanes 3–4)
- 5pm–6pm: Lap Swim 5-6:45pm