

RIND GYM SCHEDULE:October 9 - October 15																					
	Mon			Tues			Wed			Thurs			Fri			Sat			Sun		
	9-Oct			10-Oct			11-Oct			12-Oct			13-Oct			14-Oct			15-Oct		
Time	L		R	L		R	L		R	L		R	L		R	L		R	L		R
5:00-6:00	Gym Open			Gym Open			Gym Open			Gym Open			Gym Open								
6:00	6:00 - 7:00 AM						6:00 - 7:00 AM						6:00 - 7:00 AM								
6:30	Boot Camp						Boot Camp						Boot Camp								
7:00	7:00 - 8:00 AM						7:00 - 8:00 AM						7:00 - 8:00 AM								
7:30	Sr. Fitness						Sr. Fitness						Sr. Fitness								
8:00	Gym Open			Gym Open			Gym Open			Gym Open			Gym Open			8:00 am - 11:30 AM Pickup Hoops (18 and over)					
8:30	8:30 - 10:00 am			8:30 - 10:00 am			8:30 - 10:00 am			8:30am - Noon											
9:00	FASPS PE			FASPS PE			FASPS PE			FASPS PE											
9:30																					
10:00	10:00 - 11:00am			10:00 - 11:00am			10:00 - 11:00am			10:00 - 11:00am											
10:30	ECS PE			ECS PE			ECS PE			ECS PE			10:00 - 12:30 Pickup Hoops (18 and over)								
11:00	11:00 - Noon			11:00 - Noon			11:00am - 1:30pm			11:00 - Noon											
11:30	FASPS PE			FASPS PE			FASPS PE			FASPS PE			Gym Open								
12:00	Noon - 1:30pm			Noon - 1:30pm						Noon - 1:15pm											
12:30	Lunchtime			Lunchtime						Lunchtime											
1:00	Hoops (18 and over)			Hoops (18 and over)						Hoops (18 and over)											
1:30	1:30 - 3:30 pm			1:30 - 3:30 pm			1:30 - 2:30pm			1:30 - 3:30 pm											
2:00	FASPS PE			FASPS PE			JR Sports Skills			FASPS PE			Gym Open								
2:30							2:30 - 3:30 pm			2:30-3:30 PM FASPS											
3:00							FASPS PE			PE											
3:30	Gym Open			Gym Open			Gym Open			Gym Open											
4:00	Gym Open			Gym Open			Gym Open			Gym Open											
4:30	4:30- 6:00 PM			4:30pm - 7:00pm			4:30- 6:00 PM			4:30- 6:00 PM			4:30- 6:00 PM								
5:00	Kidstown			Basketball Academy			Kidstown			Kidstown			Kidstown								
5:30																					
6:00	Gym Open			Gym Open			Gym Open			6:00 - 10:00 PM			Gym Open								
6:30										Men's Open League											
7:00																					
7:30																					
8:00																					
8:30																					
9:00																					
9:30																					
10:00																					