

Pool Schedule

August 2017



Schedule is subject to change, please check www.SJCC.org for most current schedule.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM		5:00 - 6:00 A Lap Swim 4 lanes		5:00 - 6:00 A Lap Swim 4 lanes		5:00 - 6:00 A Lap Swim 4 lanes	
6:00 AM		6:00 - 7:00 A Masters - 3 lanes Lap Swim - 1 lane	5:00 - 8:30 A Lap Swim 4 lanes	6:00 - 7:00 A Masters - 3 lanes Lap Swim - 1 lane	5:00 - 8:30 A Lap Swim 4 lanes	6:00 - 7:00 A Masters - 3 lanes Lap Swim - 1 lane	
7:00 AM		7:00 - 8:30 A Lap Swim 4 lanes		7:00 - 8:30 A Lap Swim 4 lanes			
8:00 AM	8:00 - 8:30 A Lap Swim 4 lanes	8:30 - 9:00 A Group Lessons - 2 lanes & 2ft Lap Swim - 2 lanes	8:30 - 9:00 A Group Lessons - 2 lanes & 2ft Lap Swim - 2 lanes	8:30 - 9:00 A Group Lessons - 2 lanes & 2ft Lap Swim - 2 lanes	8:30 - 9:00 A Group Lessons - 2 lanes & 2ft Lap Swim - 2 lanes	7:00 - 9:00 A Lap Swim 4 lanes	8:00 - 10:30 A Lap Swim - 2 lanes Lessons - 2 lanes
9:00 AM	8:30 - 10:30 A Lap Swim - 2 lanes ft. NO OPEN SWIM	9:00 - 10:00 A Aquatic Sport NO OPEN/LAP SWIM	9:00 - 10:00 A Lap Swim - 4 lanes	9:00 - 10:00 A Aquatic Sport NO OPEN/LAP SWIM	9:00 - 11:00 A Lap Swim - 4 lanes ECS - 2ft section 10-11	9:00 - 10:00 A Masters - 3 lanes Lap Swim - 1 lane	
10:00 AM	10:30 - 11:30 P Group Lessons NO OPEN/LAP SWIM	10:00 - 11:30 A Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	10:00 - 11:30 A Lap Swim - 2 lanes Camp Swim- 2 lanes/2 ft.	10:00 - 11:30 A Lap Swim - 2 lanes Camp 2 lanes/2 ft.	11:00 - 11:30 A Lap Swim - 2 lanes Camp Swim- 2 lanes/2 ft.	10:00 - 11:30 A Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	10:30 - 11:30 P Group Lessons NO OPEN/LAP SWIM
11:00 AM		11:30 - 12:30 P Senior Aquatics NO OPEN/LAP SWIM	11:30 - 12:30 P Lap Swim - 4 lanes	11:30 - 12:30 P Lap Swim - 4 lanes ECS - 2 ft.	11:30 - 12:30 P Senior Aquatics NO OPEN/LAP SWIM	11:30 - 12:30 P Lap Swim - 4 lanes	
12:00 PM		12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp 2 - lanes/2 ft.	
1:00 PM		1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	
2:00 PM	11:30 - 5:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	1:30 - 3:30 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft	1:30 - 3:30 P Lap Swim - 2 lanes Camp Swim- 2 lanes/2 ft	1:30 - 3:30 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft	1:30 - 3:30 P Lap Swim - 2 lanes Camp Swim- 2 lanes/2 ft	1:30 - 2:30 P Lap Swim - 2 lanes Camp 2 - lanes/2 ft.	11:30 - 5:00 P Lap Swim - 1 lane PDST - 1 lane Open Swim - 2 lanes
3:00 PM		3:30 - 4:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	3:30 - 4:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	3:30 - 4:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	3:30 - 4:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	2:30 - 5:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	
4:00 PM		4:00 - 5:15 P Group Lessons NO OPEN/LAP SWIM	4:00 - 5:45 P Group Lessons NO OPEN/LAP SWIM	4:00 - 5:15 P Group Lessons NO OPEN/LAP SWIM	4:00 - 5:45 P Group Lessons NO OPEN/LAP SWIM		
5:00 PM	5:00 - 6:45 P Lap Swim - 4 lanes	5:15 - 6:00 P Precomp swim - 2 lanes Open Swim - 2 lanes		5:15 - 6:00 P Precomp swim - 2 lanes Open Swim - 2 lanes		5:00 - 6:45 P Lap Swim - 4 lanes	5:00 - 6:45 P Lap Swim - 4 lanes
6:00 PM		6:00 - 7:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	5:45 - 7:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	6:00 - 7:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	5:45 - 7:00 P Lap Swim - 2 lanes Open Swim - 2 lanes		
7:00 PM							
8:00 PM		7:00 - 9:45 P Lap Swim - 4 lanes	7:00 - 9:45 P Lap Swim - 4 lanes	7:00 - 9:45 P Lap Swim - 4 lanes	7:00 - 9:45 P Lap Swim - 4 lanes		
9:00 PM							

Private Lessons may take up half a lane at any given time.
 Lap Swim - Open to anyone who wishes to swim the length and back. Swimmers may split the lane if there are two occupants, 3 or more must circle swim
 Open Swim - Open to anyone for recreational or fitness swimming. At this time, you have the opportunity to play, water walk, exercise, or dive*
 *Children age 12 and younger must be accompanied by an adult
 *Children age 5 and younger must be accompanied by an adult IN THE WATER and remain at arms length at all times
 Camp Swim - 2 lanes and 2 foot section reserved for campers. NO OPEN SWIM DURING THIS TIME.
 PDST - Pacific Dragon Swim Team
 FASPS - French American School
 2 ft. - Small 2 foot depth section for children