

Pool Schedule

Summer 2017 June 19th - August 27th



Schedule is subject to change, please check www.SJCC.org for most current schedule.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00 AM		5:00 - 6:00 A Lap Swim 4 lanes		5:00 - 6:00 A Lap Swim 4 lanes		5:00 - 6:00 A Lap Swim 4 lanes		
6:00 AM		6:00 - 7:00 A Masters - 3 lanes Lap Swim - 1 lane	5:00 - 8:30 A Lap Swim 4 lanes	6:00 - 7:00 A Masters - 3 lanes Lap Swim - 1 lane	5:00 - 8:30 A Lap Swim 4 lanes	6:00 - 7:00 A Masters - 3 lanes Lap Swim - 1 lane		
7:00 AM		7:00 - 8:30 A Lap Swim 4 lanes		7:00 - 8:30 A Lap Swim 4 lanes				
8:00 AM	8:00 - 8:30 A Lap Swim 4 lanes	8:30 - 9:00 A Group Lessons NO OPEN/LAP SWIM	8:30 - 9:00 A Group Lessons NO OPEN/LAP SWIM	8:30 - 9:00 A Group Lessons NO OPEN/LAP SWIM	8:30 - 9:00 A Group Lessons NO OPEN/LAP SWIM	7:00 - 9:00 A Lap Swim 4 lanes	8:00 - 10:30 A Lap Swim - 2 lanes Lessons - 2 lanes	
9:00 AM	8:30 - 10:30 A Lap Swim - 2 lanes ft. NO OPEN SWIM	9:00 - 10:00 A Aquatic Sport NO OPEN/LAP SWIM	9:00 - 10:00 A Lap Swim - 4 lanes	9:00 - 10:00 A Aquatic Sport NO OPEN/LAP SWIM	9:00 - 11:00 A Lap Swim - 2 lanes ECS/FASPS - 2 ft.	9:00 - 10:00 A Masters - 3 lanes Lap Swim - 1 lane		
10:00 AM	10:30 - 11:30 P Group Lessons NO OPEN/LAP SWIM	10:00 - 11:30 A Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	10:00 - 11:30 A Lap Swim - 2 lanes Camp Swim - 2 lanes/2 ft.	10:00 - 11:30 A Lap Swim - 2 lanes Camp 2 lanes/2 ft.	11:00 - 11:30 A Lap Swim - 2 lanes Camp Swim - 2 lanes/2 ft.	10:00 - 11:30 A Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	10:30 - 11:30 P Group Lessons NO OPEN/LAP SWIM	
11:00 AM		11:30 - 12:30 P Senior Aquatics NO OPEN/LAP SWIM	11:30 - 12:30 P Lap Swim - 4 lanes	11:30 - 12:30 P Lap Swim - 4 lanes ECS - 2 ft.		11:30 - 12:30 P Senior Aquatics NO OPEN/LAP SWIM		11:30 - 12:30 P Lap Swim - 4 lanes FASPS - 2 ft.
12:00 PM	11:30 - 6:45 P Lap Swim - 2 lanes Open Swim - 2 lanes	12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	12:30 - 1:00 P Lap Swim - 2 lanes Camp 2 - lanes/2 ft.	11:30 - 5:45 P Lap Swim - 1 lane PDST - 1 lane Open Swim - 2 lanes	
1:00 PM		1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM	1:00 - 1:30 P Group Lessons NO OPEN/LAP SWIM		
2:00 PM		1:30 - 3:30 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	1:30 - 3:30 P Lap Swim - 2 lanes	1:30 - 3:30 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	1:30 - 3:30 P Lap Swim - 2 lanes Camp - 2 lanes/2 ft.	1:30 - 3:30 P Lap Swim - 2 lanes		2:30 - 3:30 P
3:00 PM			Camp Swim - 2 lanes/2 ft.		Camp Swim - 2 lanes/2 ft.			Lap Swim - 4 lanes FASPS - 2 ft.
4:00 PM		4:00 - 5:15 P Group Lessons NO OPEN/LAP SWIM	4:00 - 5:30 P Group Lessons NO OPEN/LAP SWIM	4:00 - 5:15 P Group Lessons NO OPEN/LAP SWIM	4:00 - 5:15 P Group Lessons NO OPEN/LAP SWIM	4:00 - 5:30 P Group Lessons NO OPEN/LAP SWIM		3:30 - 4:30 P Lap Swim - 2 lanes Open Swim - 2 lanes/2 ft.
5:00 PM		5:15 - 6:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	5:30 - 6:30 P Lessons - 1 lanes Lap Swim - 3 lanes	5:15 - 6:00 P Lap Swim - 2 lanes Open Swim - 2 lanes	5:30 - 6:30 P Lessons - 1 lanes Lap Swim - 3 lanes	4:30 - 6:00 P PDST - 4 lanes NO OPEN/LAP SWIM	5:45 - 6:45 P Open Swim	
6:00 PM		6:00 - 9:00 P Lap Swim - 1 lane PDST - 3 lanes	6:30 - 7:00 P Private Lessons - 1 lane PDST - 3 lanes NO OPEN/LAP SWIM	6:00 - 9:00 P Lap Swim - 1 lane PDST - 3 lanes	6:30 - 7:00 P Private Lessons - 1 lane PDST - 3 lanes NO OPEN/LAP SWIM	6:00 - 6:45 P Lap Swim - 1 lane PDST - 3 lanes		
7:00 PM			7:00 - 9:00 P Lap Swim - 1 lane PDST - 3 lanes		7:00 - 9:00 P Lap Swim - 1 lane PDST - 3 lanes			
8:00 PM								
9:00 PM		9:00 - 9:45 P Lap Swim 4 lanes	9:00 - 9:45 P Lap Swim 4 lanes	9:00 - 9:45 P Lap Swim 4 lanes	9:00 - 9:45 P Lap Swim 4 lanes			

Private Lessons may take up half a lane at any given time.

Lap Swim - Open to anyone who wishes to swim the length and back. Swimmers may split the lane if there are two occupants, 3 or more must circle swim

Open Swim - Open to anyone for recreational or fitness swimming. At this time, you have the opportunity to play, water walk, exercise, or dive*

*Children age 12 and younger must be accompanied by an adult

*Children age 5 and younger must be accompanied by an adult IN THE WATER and remain at arms length at all times

Camp Swim - 2 lanes and 2 foot section reserved for campers. NO OPEN SWIM DURING THIS TIME.

PDST - Pacific Dragon Swim Team

FASPS - French American School

2 ft. - Small 2 foot depth section for children

For more information please contact SJCC Aquatics Manager, Dominick Szabo at DominickS@SJCC.org or (206) 388-0821