

Strom JCC Unveils “Makom” and Other Facility Enhancements
Aesthetic and functional updates to include new mindfulness and meditation center, remodeled lobby, and transformed café-lounge area

Mercer Island, WA – September 23, 2015 - The Strom Jewish Community Center (SJCC) is thrilled to unveil a new center for mindfulness and meditation, called Makom, as well as other visual enhancements at its facility on Mercer Island. On Sunday, October 4, at [The Big Hug](#), the SJCC’s volunteer and membership appreciation event, attendees will be greeted by a remodeled lobby, lounge, and other updates intended to create more welcoming and functional spaces for the community to enjoy and come together.

“We couldn’t be more excited to introduce these new updates to the community,” noted Dana Weiner, SJCC Senior Director of Community Connections. “The visual enhancements create a more engaging space that we hope will inspire connections that build community and welcome everyone.”

Makom, or “space” in Hebrew, will house classes on mindfulness, meditation, and compassion, creating a designated place for programs to cultivate more meaningful moments with oneself, family, and community. “From parenting classes and pre/postnatal yoga to mediation for the whole family, Makom will help cultivate the practice of being more present - something we can all use in the hustle and bustle of today’s world,” Weiner continued.

The J Café, which has operated alongside the SJCC Welcome Desk since 2010 and offers convenient food and beverage options, will move into the Polack Lounge, and feature new café tables, chairs, and other comfortable seating for people to meet friends for coffee, work remotely or curl up with a great book. The Welcome Desk will move into the center of the lobby, facing the entrance to the SJCC for improved security and service.

More information about Makom, including a full list of classes and programs available, can be found at: <http://sjcc.org/kids-adults-families/makom/>. For information about The Big Hug event on October 4, please visit: <http://sjcc.org/about/volunteer/the-big-hug-rsvp/>.

About the Strom Jewish Community Center

The Strom Jewish Community Center inspires connections to build community and ensure Jewish continuity. Together we create outstanding programs, partnerships and spaces that welcome everyone to learn, grow and celebrate Jewish life and culture. Learn more at www.sjcc.org.

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Makom, new center for mindfulness and meditation at the SJCC



New J Café space and furniture